

M i m i s m s



10 Ways To
Improve Your
Life

Getting Lost Inside
Your Brain? Here's
How To Build A
Map

“How I Almost
Disbanded The
Overthinking
Club” Mimi Tells
All

Live Your Best
Life As A Writer

How To Match Your
Most Outgoing
Friend's Energy

A Loud Life Is A
Quiet Life

Hello All!

Welcome to Mimiisms, the first and only magazine that taps into my brain. In high school, my English teacher always pointed out the things I said to the rest of the class. She thought that I spoke in a very unique and random way that was thought provoking and that others should follow my lead in being original. We eventually started writing the phrases and thoughts down calling them Mimiisms. That's how the name for this magazine came to be! The two main headlines in this issue highlight what I am known for. I have always been extremely outgoing and passionate about life. I can't help but to let my energy sky rocket around other people. I'm just happy to be so hyped up! Another trait I am known for is my writing talent. I don't have anything officially published, but it's my dream to be a writer and for people to care about what I have to say. My communication abilities are very strong on the page rather than out loud. When I have the opportunity to write out my thoughts they become contained and fluid.

The smaller headlines highlight common thought processes I have about myself and life in general. One of my biggest values is self-improvement. I am always looking for new ways to be the best possible version of myself and get the most out of life by moving forward. This value acts as a double-edged sword because it has led to a lot of overthinking on my part. My brain is like a battery operated racetrack with no off button. I always have 10 or more tabs open up there. Because I am always processing and scheming, it's easy for me to get lost in my thoughts and start day dreaming. There are no boundaries within my narrative so anything is possible when I allow my mind to open up fully. While it's a challenge, it's one of my favorite parts about myself. I am always entertaining myself. I'm also constantly thinking of new ideas and writing prompts. My thought train has a tone that exudes adventure and perseverance that can't be avoided.

The last mini headline reads, "A loud life is a quiet life." As a woman who refuses to conform to societal standards and always tries to stand up for what she believes in, it's hard to find others who will stick around to see my thought train through without getting overwhelmed or impatient. In the past, I have been told I am "too much" and that I should dilute my personality in order for others to handle me as my authentic self. I now know who and what is worth my attention by judging if they bring me joy and/or support by matching my energy with theirs. We might be a small group full of misfits, but we are misfits with a passion and a purpose. I am a proud leader of my own parade and I will never stop creating whether it's inside my mind or in the real world. With me around, the truth will always be revealed.

Enjoy!

Mimi McNulty

